

Mahávishva

Ánanda Márga Pracáraka Saḿgha
Hong Kong Sector Newsletter Souvenir

Highlights

- Project development
- Regional News
- Ánanda Nagar
- Ánanda Sambhuti MU

Offering to Bábá



To my beloved Bábá

Offering His flowers back unto His lotus feet

Tava Dravyam Jagatguro
Tubhyameva Samarpaye

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Inspiration

Shrii Shrii Ánandamúrtjii

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Your Real Friend

"Eka eva suhrda dharma nidhane apyanutatiyah" – "Dharma is the only suhrda (a type of friend) who remains with you even after your death." In Saḿskrta there are several terms for the English word "friend".

Atyágo sahano bandhu
Sadaevánumatam suhrda
Ekaḿ kriyaḿ bhaven mitram
Samapráńah sakhá smrtah.

"Atyágo sahano bandhu" – the person who cannot tolerate separation is a "bandhu". When the tie of love is so great that a person cannot tolerate any separation from you, he or she is called your bandhu. The tie is called bandhanam in Saḿskrta. It is so strong that the person cannot remain away from you, cannot tolerate separation from you.

In this world anybody and everybody can tolerate separation from you. When a person dies, what feelings will his mother and father, his brothers and sisters show? They will cry aloud, but after two or three days, normalcy will return. They will resume their normal mundane duties. And after a few days more or a few months they will forget the person. In societies where a widow's marriage is accepted by people, the widow will remarry. In India, in upper-class Hindu society, a widow's marriage is not accepted, but in a major portion of the world, even in India in some cases, a widow's marriage is accepted by others. So you cannot say that any of your relatives is your bandhu. Nobody is your bandhu, or friend, in this respect. According to Indian custom, parents having only one son may adopt another child, who is then called bandhu. But Jagat Bandhu is the only real Bandhu. Parama Puruśa is the only real bandhu. He loved you in the past; He will love you in the future. He alone is Bandhu. His name is Jagat Bandhu.

Another term for friend is "suhrda". Suhrda means "those with whom there never was, and never is, any difference of opinion". In the worldly sphere there are always differences of opinion with your wife or husband, mother or father. But in the case of Parama Puruśa, He nods His assent at whatever you do; and He goes on nodding. Why does He continue this nodding? He is a true friend. In the physical sphere He does nothing, and in the psychic sphere He gives you guidelines. In the physical sphere He does nothing directly; this is why He is suhrda for the bad person and for the good person. He is always suhrda. "Eka eva suhrda nidhane apyanuyatiyah" – He is the only suhrda that remains with you even after your death.

After your death your friends will carry you to the cremation ground. After being burnt, the body is rendered into ashes. Your friends will spray some water on the ashes of the funeral pyre, and then go back home. As long as they are in the cremation ground, they remember you. After that they forget you. But dharma remains with you even after your death, and what you did for dharma in this world is never forgotten. Therefore, in your worldly life, you are to strengthen the hands of dharma, and in the world, dharma will strengthen you. So it is the duty of intellectuals and intelligent people to strengthen the hands of dharma. If you strengthen the hands of your friends, your friends will also strengthen you in case of urgent need.

"Mitram". When the nature of the duty of two persons is the same, they are mitram. Suppose there are two physicians, two pleaders, two businessmen. They are called mitraḿ, because the nature of the duty is the same. Two thieves are also called mitram. In Saḿskrta, the word "mitra", when used in the masculine gender, means "the sun". When used in the neuter gender it means "colleague". In the neuter gender the term is mitram.

In the case of sakhá, the position is that there are two physical bodies, but the mental body is the same because there is so much love. Such people are called sakhá. So nobody other than Parama Puruśa can be sakhá. Krśńa was the sakhá of Arjuna.

Thus in this world, out of these four words for friend, only Parama Puruśa can be bandhu, suhrda and sakhá. In this relative world you can only find a mitram, not a bandhu, suhrda, or sakhá. For Him you may use the word bandhu, suhrda, or sakhá: He is your everything. You cannot do without Him. Your relationship with Parama Puruśa is like the relationship of a fish with water. So it is futile to forget Him; try to remember Him always. This remembering Him always, in all spheres and all strata of life, is called "dhruvásmrti". Don't forget this for a single moment. By dint of your sádhaná, try to develop dhruvásmrti and be one with Him, and in peace, for infinity.

25 October 1978, Patna
Shrii Shrii Ánandamurtiji

Messages

Namaskár !

It is my great honour to present the Sectorial Mahavishva Newsletter of Hong Kong Sector.I hope you will feel inspired and do even more to Baba's mission.

Hong Kong Sector is one of the largest sectors of AMPS, covering mainland China, Hong Kong, Maccao, Taiwan, Japan, South Korea, North Korea, Russia , Mongolia and Central Asia. By Baba's grace, our sector is steadily progressing through spiritual conferences, retreats, training programme, Dharma Pracár, service activities and the development of Master Units. New properties and infrastructure are being developed, and more Margiis and all workers are working very hard for Baba's mission.

Our sector is also extending its loving maximum support to the global projects of Ananda Sambhúti at Baba Nagar,Babas birthplace, Jamalpur, and Ananda Nagar, Global Head quarter through land development, construction, education, water projects and other service activities.

Our greatest responsibility is to maintain unity, and harmony within Baba's organisation and to inspire every worker and Margii to serve His mission with devotion and dedication. Baba's mission is Self-realisation and Service to Humanity—to guide humanity from darkness to light, from suffering to happiness, and towards eternal bliss.

Dear brothers and sisters, as you read this newsletter, may you feel the happiness of our collective progress and the spirit of Baba's universal family. Whatever we have achieved is only through His infinite grace. He has lovingly chosen us as His instruments to serve humanity.

Let us move forward together. May Baba to shower His grace upon all of us and give us the strength to do more and more for His divine mission.

Baba's grace is everything. Baba's mission is our life.

With Baba's grace and blessings,
In Him , Yours sincerely

Ác. Shubhaniryásánanda Avadhúta
Sectorial Secretary, Hong Kong Sector
Ananda Marga Pracaraka Samgha

Namaskára,

It's a great honour to share my feelings through Mahávishva.

By His Grace, all Didis in Hong Kong sector have been working very hard to establish Bábá's mission through organising different activities around the sector as well as doing a lot of pracar work.
BÁBÁ said through all works, big or small, Humanity has to be awakened.
His great mission is moving towards self-liberation and service to the suffering humanity by doing different types of socio-spiritual online & offline activities.
Wish you all, all-round progress.
Thank you.

In Him,

Avtk. Ánanda Kalyánashrii Ác.
SWWS Hong Kong Sector

Namaskára,

Throughout the Hong Kong Sector, Margiis and Ácáryas are working tirelessly to carry forward Bábá's mission.

By His grace, we have the precious opportunity to share His ideology with those who, knowingly or unknowingly, are searching for Divine bliss. As we progress in our sádhaná, Bábá grants us an ever-greater capacity to serve His creation with love and devotion.

May the good news shared in this publication inspire us all to renew our efforts, deepen our dedication, and do ever more to please Him.

In His Love,
Ác. Yogánanda Avt.
Sectorial Office Secretary
Hong Kong Sector

Taipei Region

Ánanda Suruci MU

MU staff raised $25,000 for installing solar panels and batteries in the MU. The total budget is $82,000.





Regular Fasting Camps continue at the MU.







In May MU Staff and volunteers removed the rust and painted the main building veranda ceiling





In June MU staff and volunteers installed wood panelling on the ceiling outside reception room.



In May we decorated garden pavilion in front of the main building.

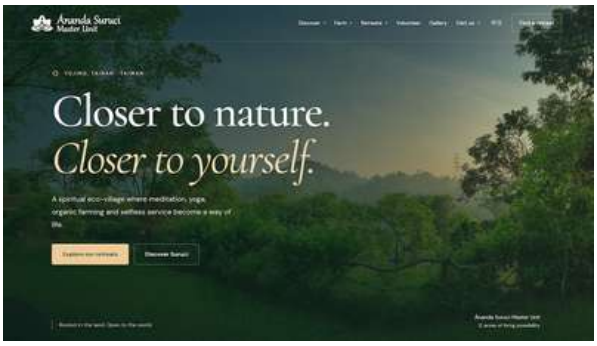
Harvested 200+kg of new variety of papayas and delivered some to Taipei Márgiis. New seedlings planted in May are already starting to bear fruit.





Our part-time gardener recently resigned to care for his elderly mother, so we purchased a new ride-on lawnmower for $5,200. Government paid 30% as a grant for organic farms and donor paid 35%. So the MU only paid $1,820. As a result of not having to pay the gardener, the MU will now save over $200 per month.





With the assistance of AI, Ác. Yogánanda Avt. redesigned the Ánanda Suruci Yoga Retreat Center website: www.yogafasting.org and MU site: www.Ánandasuruci.org
The new sites have a more professional appearance and is better optimized for visibility in AI-powered search results.



48 hours Akhanda Kiirtan and Sadhana Camp at Ánanda Suruci MU.
Over 30 Márgiis and WTs attended 48 hours Akhanda Kiirtan from July 9-12
A 11 people attended the following Sadhana Camp from July 13-16.



Taipei SDM

SDM organized a class on Cakra and Raj Yoga and a workshop on it under the leadership of brother Keshava from SDM from 16 th to 22nd July, 2026.
Program was held at Garden Phoenix Hotel in Shenyang city of Liaoning Province of China. About 407 teachers and students attended the program and got benefitted.
A few people learnt meditation.













SDM team Taipei organized fasting camp under the leadership of brother Keshava from 25th to 31st August, 2026 at Sheng Ai Villa, Taiping district, Taichung, Taiwan. Total 80 people attended the program. Classes were given on the importance of fasting and benefits of doing fasting properly.



Fasting camp was organized by SDM from 18th September to 20th September, 2026 in Sindian New Taipei City, Taiwan.
15 people attended and got benefitted.







Taipei Jagrti

2nd phase seminar at Taipei AMPS Jagrti



Narayan Seva at Taipei Main Station on the occasion of Ánanda Prunima. Márgiis prepared and distributed 130 vegetarian lunch boxes with cake.







A One-Day New People Program was organized at Taipei Jagrti by Sister Pradipta and Sister Shubhamayii, with the encouragement of SS Dada.
The program consisted of two sessions, one in the morning and one in the afternoon, with a total of 15 participants attending.







New Kiirtan Albums

Ác. Yogánanda Avt. Made two new kiirtan albums with the help of AI and inspired Mamata, a local Margii sister to do the same.

After selling these albums to Margiis and sympathisers, a total of $1,350 dollars was raised for the new Mother House construction at Ánanda Sambhuti MU.

University Pracar in Taipei

Ác. Cidatma recently gave a talk at Soochow University, with 150 participants.







WWD

CWWS Didi's Inspiring Visit to Taiwan
CWWS Didi visited Taiwan for one month and travelled to all the units, meeting Margiis and sharing her loving presence, wisdom, and experiences.
Through her inspiring classes and heartfelt talks about Bábá and her spiritual journey, she awakened a deeper feeling of devotion and dedication among the Margiis. Her words touched their hearts and reminded everyone of the beauty and purpose of spiritual life.









Avtk. Ánanda Shivanii Ác. 5/23 Beach Cleaning at Zhunan, 10 attendees.









Seminar in Tainan on 7/19, 10 attendees.

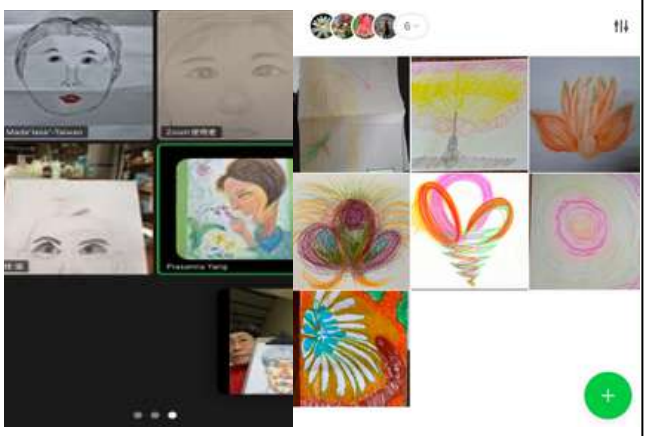


Pracar table talk in Tainan on 7/22,10 attendees.



Ánanda Matrika

Avtk. Ánanda Tattvavedá Ác. organised a online, art workshop



Seminar in Meinong



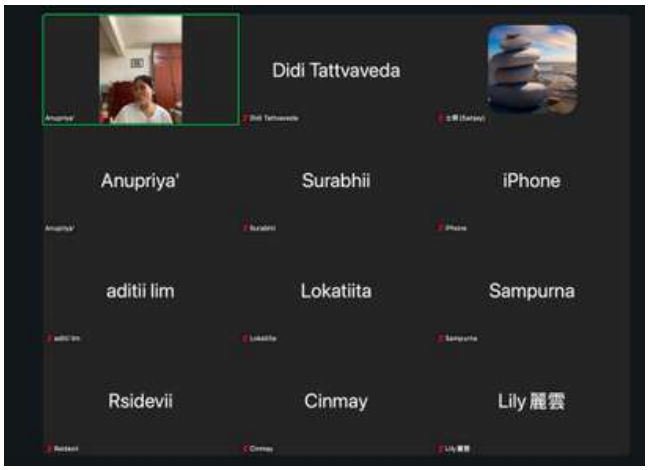
Akhanda kiirtan, with CWWS and SWWS







Online symposium and Prabhat Samgiita lesson





Kaoshiung

Ánanda club run by Ác. Priyabodhánanda Avt. in Chan kung university with 25 students



HBM Regions

Ác. Citatma began his 7 day AM philosophy and sadhana camp with 17 Margiis at HZ jagrti.



Kiirtan Parikama in CD, LJ, D and XC Organised by Ác. Cittarainjanánanda Avt., Ác. Madhumaya Brc. and Avtk Ánanda Arusi Ác.



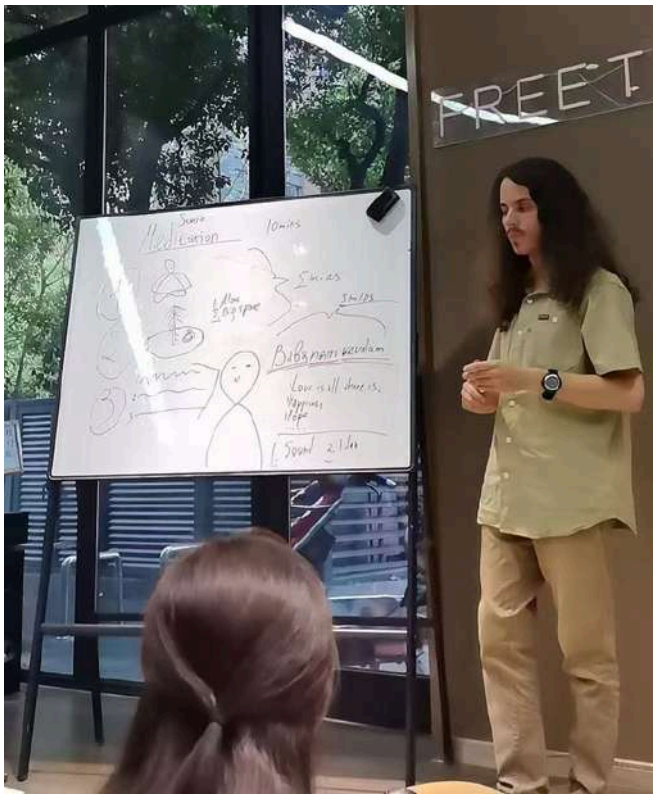
Avtk. Ánanda Arusi Ác. gave various lectures around CH.







Dada Prasancitta Brc. has been developing SH holding around 10 programs teaching basic mediation to beginners.
New Jagrti also opened in SH.











Seoul Region

Ánanda Karnika MU Development

Approx. $90,000 as spent on the landscaping and gardens at Ánanda Karnika.

Most of the money was donated by sister Bhaktiprema from Jeonju.







Margiis have planted a variety of vegetables and flowers throughout the gardens.



A new bakery room was added to the rear of the kitchen.



A sympathiser donated $2,700 for interior decoration in the bedrooms and classroom.



2 fasting camps were held in Ánanda Karnika MU. 35 people attended





Brcii. Sumitra Ác. celebrated Shravanii Purnima on 28th August in Daejeon office with Margiis.



Yoga & Meditation Day in Hongseong in sister Himani's house
10 people benefited.
Some old margi joined, as well as 2 new people.





Regional Conference
in Ánanda Karnika MUon September 11-13, attended by 20 people.





Vegetarian cooking camp is regular programme 6 times a year in Ánanda Karnika MU.
The theme changes according to season. In September 11th the theme was Food is the best medicine.
Margi sister Chandavati guides also meditative workshop about connecting with plants.



Sister Chandavatii recently completed two solo art exhibitions in South Korea. In July showcase at Hongseong's Like Lake gallery, her art had inspiration from kiirtan and meditation. Also there were a space for active meditation during her exhibition.
Secondly she presented "The Rhythm of the Universe" in Seoul this September. The opening event fused visual art with Prabhat Samgiita, poetry, and contemporary dance.
She has now been invited to bring her paintings to the Netherlands for her next exhibition.









Tokyo Region

Social gathering of neighborhood famlies & children at Shirahama Jagrti during Golden week holiday with board games, snacks, traditional songs and Kiirtan (once a month event) by Bábá grace always enjoyable Satsanga time







AMURT volunteer support activity in Shirahama city. Yearly visit to cosmos Handicap center with walks and Kiirtan.





Satsaunga gathering and class in summer with Margiis and new people in Oita with vegetarian lunch and one day satsaunga.





Ulaanbaatar Region

New Jagrti Apartment building is under construction and progressing well. It's due to be completed in September 2027





Vladivostok Region

Ánanda Annapurna MU

On Sep, 18-22 SS, Ác. Shubhniryasánanda Avt.v visited Vladivostok Diocese.
There was a Karma Yoga retreat attended by Margiis.









5 days regional conference attended by 33 Margiis and 4 ácaryas.





Ánanda Shivanii MU

Summer Conference in Ánanda Shivanii, 200+ people.



Opening of the new Rector's House (Dharma Kendram) in Ánanda Shivanii.





A pracar program held on international yoga day. Local people invited into Ánanda Shivani for an open meeting: introduction to meditation, shared meal, informal conversation with practitioners.



Field pracar — Bijsk & Belokurikha.
DC held in Bijsk · AK + DC in Belokurikha
Business cards for meditation classes distributed



Shrii Shrii Ánandamurti Park
The first stage — thuja seedlings planted across the future park territory next to Ánanda Shivani. The project marks the space with a bilingual plaque: "The park named after Shrii Shrii Ánandamurti will soon appear here."



90% Finishing new Jagrti building.







Bhakti Vikash Bhavan
Preparing the future guesthouse. Six rooms are now ready.





Novye Zori village Visits

The team of Ánanda Shivani regularly travels to the neighbouring village Novye Zori to help older residents with household tasks and work on their land.



Programs at the orphanage

Several visits were held with dedicated programs for the kids. The plan is to make these visits regular.





Akhanda kiirtan in Novorosiisk. next city to open AM unit in Krasnodar Diocese



Yekaterinburg

A RAWA street concert was held in Tumen at Jam Fest, featuring the Bábá Nam Kevalam mantra, Prabhat Samgiita, original compositions, and well-known uplifting songs, reaching approximately 60–70 listeners. The audience was also introduced to RAWA, the meaning of the mantra, and the concept of the “Songs of the New Dawn.”







Yoga Day — July 18

A Yoga Day event was held for 12 people interested in yoga and meditation, featuring an asana class, meditation instruction, a cooking workshop, and a lecture on yoga philosophy. The participants left with new knowledge, feeling happy and inspired.

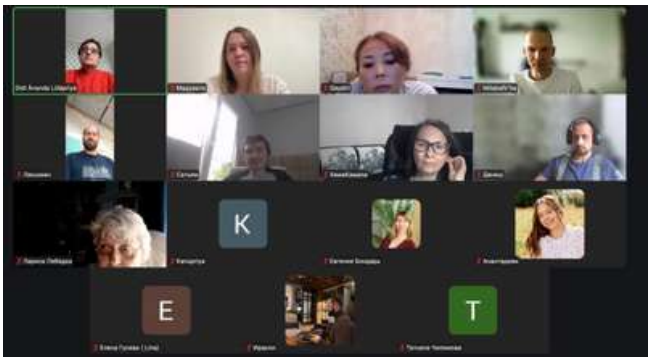


Regional conference in Ekaterinburg ~130 participants. Attended by SS HK, Ác. Shubhaniryasánanda Avt. and local ácaryas





Didi created a month online course on Brahmácarya. 120 Margiis participating.



Avtk. Ánanda Liilapriya Ác. toured all parts of the region, holding various programs including 7 seminars. Totally 1800 Margiis and beginners attended these programs.





Regular mass feedings





Tashkent Region

First kiirtan parikrama in Tashkent region. Avtk. Ánanda Sucetá Ác. and LFT organised kiirtan parikrama tour of Tashkent region. All local ácaryas attended. The tour covered Tashkent, Astana, Ekibastuz, Almaty, Bishkek and finished in Issyk Kul regional conference.







Regional conference in Issyk Kul. 70 Margiis attended.







Registration of Ánanda Márga as a mission in Bishkek









Ác. Viireshvara Brc. And Avtk. Ánanda Suceta Ác. attended beginners conference in Ekibastuz. 30 beginners attended

Ác. Yukteshvara Brc. started a meditation course for beginners in Bishkek.







Sisters conference in Tashkent mountains.











Mother's house project, Bishkek

Brother Dharmesh handed over his business selling vegetarian meat to Mother's house project. This is the only vegetarian meat business in Kyrgyzstan.
This opportunity provides the chance to encourage vegetarianism in Kyrgyzstan and central Asia, as well as supporting the project.





Met first female president of Kyrgyzstan who is the new president of the Rotary club, Bishkek. Was requested by her to start mini kindergarten around Bishkek. Now in the process



Became partners with all municipalities in Bishkek.



Organised art event for mothers, art competition for children and distribution of stationary for 26 kids for the new school year.





Completed renovations of the walls that were destroyed by flooding







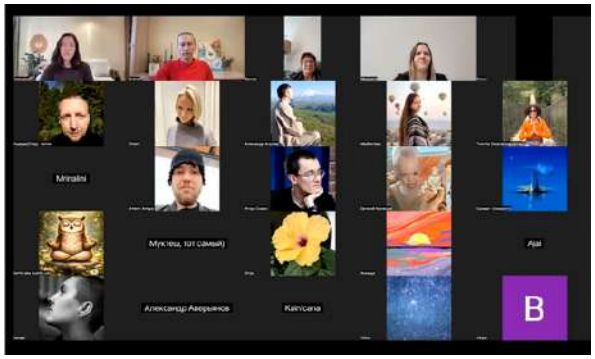
Set up an extra building in our compound to accommodate one mother and her five children to live there temporarily





VMTR News

Ác. Abhidhyanánanda Avt. ran a online Masterclass on “Kirtan as a Key to the Ocean of Bliss”. 330 people watched the recording



Mantra Samadhi event in Moscow. 200 people attended





Poetry Evening and Collective Meditation, St. Petersburg. 40 people attended.



Conference “Sadhana: Dance in the Ocean of Bliss” in Tver. 360 Margiis attended.







Retreat “Life in a Time of Change” in Moscow. 34 people attended.









Stone-Laying Ceremony for Bábá's House





Saratov Retreat “A Three-Day Journey to Yourself by the Water”, 39 people attended.

Kiirtan Boat in Moscow. 72 participants.





“Day of India” Festival in Moscow. Total attendance over the four days: more than 3 million people.
Program

- 20 August 2026 - collective meditation and lecture “The Mission of Ánanda Márga”, 25 people
- 21 August 2026 - collective meditation and lecture “The Mission of Ánanda Márga”, 25 people





Southern Seminar in Sochi. 71 participants



Retreat in Minsk with 40 participants





Ánanda Sambhúti Master Unit, Bábá Nagar, Jamalpur
The Birth Place of Bábá, Shrii Shrii Ánandamúrtijii

Fields & Plantations

Lauki (Bottle Gourd) - 20,400 kg
Bhindi (Okra) - 2,000 kg
Karela (Bitter Gourd) - 1,520 kg
Taroi (Ridge Gourd) - 1,200 kg
Bananas - 100 kg
Watermelon - 20 kg
Eggplant - 45 kg
Mango - 10 kg
Moong Beans - 40 kg
Lichi - 5 kg













Abha Seva Sadan

Final building development:

Painting

Electrical works

Sewerage







Development of the community house







Building Ánanda Park



Bulbul Complex:
Cobblestone walkways and perimeter greenery complete around the courtyard.







Mother's house construction





A seven-day program with Dada Sadananda. 100 participants.





Ánanda Nagar Village Schools

Ánanda Nagar village schools are making good progress on many levels











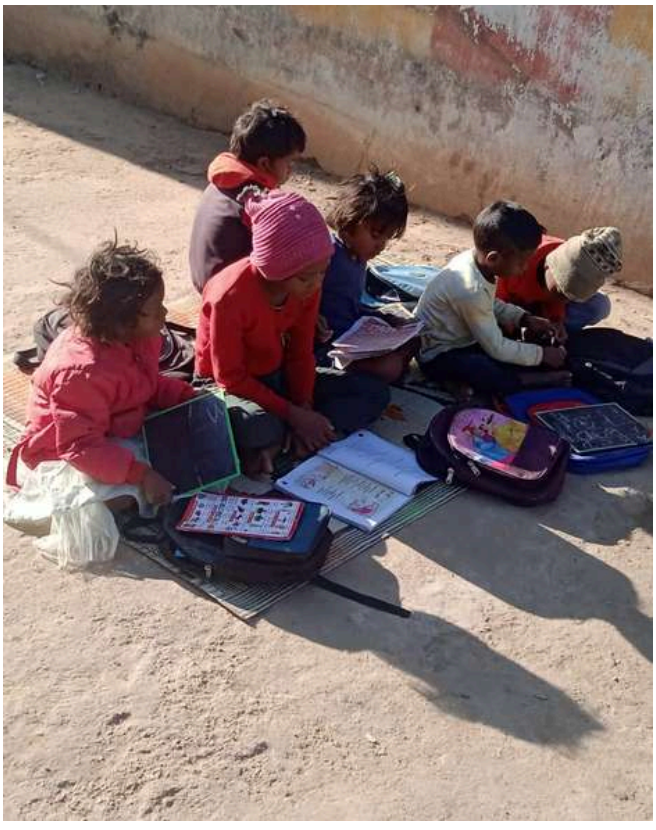














Workers of Hong Kong sector



Ác. Shubhaniryásánanda Avt
- SS HK



Ác. Yogánanda Avt.
- SOS HK



Ác. Rudraprakashánanda Avt.
- DPS HK



Ác. Candreshvaránanda Avt.
- CSD HK



Ác. Priyabodhánanda Avt.
- AMSD HK



Ác. Vijitatmánanda Avt.
- INPRO/ FARPRO HK



Ác. Sadánanda Avt.
- Commerce HK



Ác. Cittarainjanánanda Avt.
- Farm/ SB HK



Ác. HarikrpÁnanda Avt.
- CSU HK



Ác. Yukteshvara Brc.
- RS Tashkent



Ác. Paránanda Avt.
- RS Seoul



Ác. Abhidhyanánanda Avt.
- RS Vladivostok



Ác. Madhumaya Brc.
- RS Macau



Ác. Rudranáthánanda Avt.
- DS Taipei



Ác. Caetanyánanda Avt.
- DS Taichung



A Viireshvara Brc.
-Assistant Rector Ánanda Shivanii MU



Ác. Nityabodha Brc.
- DS Irkutsk



Dada Prasannacitta Brc.
- DS Shanghai

Workers of Hong Kong sector



Avtk. Ánanda Kalyánshrii Ác.
- SWWS HK



Avtk. Ánanda Sainjaná Ác.
- HPMGL HK



Avtk. Ánanda Shivánii Ác.
- RSL Taipei & Tokyo



Avtk. Ánanda Tattvaveda Ác.
-Asst. Rector L Ánanda Matrika



Avtk. Ánanda Amalá Ác.
- RSL Macau



Avtk. Ánanda Suceta Ác.
- RSL Tashkent



Avtk. Ánanda Liilápriyá Ác.
- RSL Vladivostok



Avtk. Ánanda Arusi Brcii.
- RSL Beijing



Brcii. Miira Ác.
- DSL Vladivostok



Brcii. Sumitrá Ác.
-RSL Seoul



Brc. Brhadbhava
-DSL Shanghai

"O tranquil sádhaka! Sádhaná is your great bow. Set the arrow of your mind, sharpened with meditation, on this bow. Now inclining your mind toward Him, pluck and twang the string of the bow and pierce your target – that indestructible Supreme Soul."

Shrii Shrii Ánandamúrtijii



Mahávishva

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